



Freshie Kit 2020

A UP Diliman Primer for Freshies



Click the icon to watch the full program on Youtube.

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Mensahe Mula kay Chancellor Fidel R. Nemenzo

Narito tayo sa isang makasaysayang panahon. Kakaiba ang UP na sumasalubong sa ating lahat.

May malalaking pagbabago sa ating mga nakagawian nang dahil sa pandemyang COVID-19. Pero umaasa tayong malalagpasan natin ito, at kung pagtutulungan, ay may alternatibong kaayusang uusbong mula rito. Isang kaayusan kung saan may pagpapahalaga sa kalusugan at edukasyon.

This is the first time that UP Diliman is holding the academic year in a remote learning mode. Hindi lamang mga estudyante at guro ang nangangapa sa biglaang pagbabago ng ating learning setup. However, together with the University's researchers and staff, we will, together, figure out the best practices in serving all sectors of our community.

Sama-sama nating tuklasin ang potensiyal ng remote learning at nakahanda kami sa anumang usaping may kinalaman dito, lalo na sa inyong mga pangangailangan bilang estudyante ng UP Diliman. Titiyakin naming nananatili ang pantay na oportunidad sa edukasyon para sa lahat. Mahirap ito, subalit magagawa.

In Chinese orthography, the character for the word *crisis* is composed of two components: that of “danger” and of “opportunity.” There is the threat caused by the pandemic, but this should not stop us in thinking of ways of understanding and making adjustments in our own process of learning. With the help of new technologies, we need to be resilient and agile, because this is the only way we can adapt to the fast-changing world.

Remote learning mode man tayo ngayon, makaaasa pa rin kayong ginagawa namin ang lahat upang makamit ninyo ang edukasyong Tatak UP: mahusay, marangal, mapanuri, at mapagpalaya.

The interactions of disciplines in our University, along with the multiplicity of identities, belief systems and cultural traditions, will provide you a fertile ground for critical and innovative thinking as well as cross-cultural understanding.

You have lived and trained in the new ways of living brought about by what is referred to as the Fourth Industrial Revolution. You are used to new technologies and high levels of connectivity that have transformed the world at a level and pace we have never seen before.

Young people like you see the world with fresh eyes, and you are wired differently. Your evolved brains can process more information at faster speeds. You can immediately tap multiple social networks to galvanize collective action, physically or virtually.

Hindi tayo palulupig sa pandemya at sa mga hamong idinudulot nito sa atin. Kinikilala natin ang panganib na dulot nito, subalit nagpapatuloy tayo sa ating buhay at sa pagtitiyaga upang marating natin ang nais nating marating.

Isang mahigpit na paalala, saan man kayo naroroon: patuloy nating isagawa ang mga safety precaution at sundin ang health protocols upang maiwasan nating mahawa at makahawa. Palaging maghugas ng kamay, magsuot ng face mask at panatilihin ang physical distancing.

Pero, importante na isaisip na, we are and should remain as social beings. May pakikipagkapwa at may pagmamalasakit sa isa't isa.

We have experienced unprecedented and extraordinary events this year, but UP Diliman is not new to facing difficult and challenging times. We find ways of understanding and overcoming these challenges, together. We stay and we thrive. We learn, we flourish, and we give back.

Para sa atin sa UP Diliman, ang konsepto ng “new normal” ay ang pagsalubong sa hinaharap na mas mabuti at mas kapaki-pakinabang para sa lahat. Kaya mamalagi nawa sa inyo ang pag-asa sa bagong araw, hindi man tayo bumalik sa ating nakagawian, sa ating mga comfort zone. Balang araw, magkikita at magkakasama-sama tayo rito sa kampus ng UP Diliman.

FIDEL R. NEMENZO
Chancellor





Mensahe Mula kay President Danilo L. Concepcion

Ikinagagalak kong salubungin kayo, mga bagong Iskolar ng Bayan, sa inyong pagpasok sa pamantasan nating hirang, ang Unibersidad ng Pilipinas. Kabilang kayo sa unang grupo ng mga Freshie na makapag-aaral sa UP sa unang taon ng pandemya o pandaigdigang health emergency dulot ng COVID-19. Sapagkat ipinagpapatuloy ninyo ang pag-aaral sa gitna ng samu't saring krisis panglipunan, dala-dala ninyo ang bagong pag-asa bilang mga kabataang may liksi at masidhing hangarin para sa ikagagaling ng ating inang bayan.

Ako ay naniniwala na tayo ay magiging magkakaagapay sa pagtahak natin sa yugtong ito ng kasaysayan ng UP, ng Pilipinas, at ng buong daigdig. Ang UP ay mayroon nang sistema para sa remote teaching and learning o blended remote and face-to-face learning na ipinatutupad ngayon.

Sinisikap natin matulungan ang mga higit na nangangailangan nating mga guro at mga estudyante na magkaroon ng naaangkop na connectivity para sa nasabing sistema. Ito ay ating ginagawa sa ilalim ng Kaagapay sa Pag-aaral ng mga Iskolar ng Bayan o Kaagapay UP program. Layunin ng Kaagapay UP, na mabigyan ang mga higit na nangangailangan ng gadget at connection upang magamit nila

ang mga communication platform learning management system; Zoom, Google Classroom, Edmodo, at iba pang mga paraan na ginagamit ng UP para sa ating mga remote learning courses.

Inaasahan kong uunlad ang blended learning sa UP kasabay ng inyong pagyakap sa diwa ng pagiging Iskolar ng Bayan. Maaaring sa susunod na semestre o sa susunod na taon ay mabubuksan na muli ang mga campus at makapagdaraos na ng mga klase sa ating mga silid-aranan. Pinaglalayo man tayo ng pandemya ay pinagkakaisa naman tayo ng ating unibersidad sa layuning maipagpatuloy ang edukasyon sa kolehiyo upang patuloy na hubugin ang mga kabataang maglilingkod sa ating kapwa at bayan.

Ang UP, kasama ang mga alumni nito saan mang dako ng daigdig sila naroon, ay nagkakaisa at nagsusumikap sa pagtuklas ng lunas at paglalapat ng mga naaangkop na solusyon sa mga sanga-sangang suliranin kaugnay ng pandemyang ito. Kayo ang magiging patunay na ang pandemyang ito ay hindi magiging balakid sa pagtuklas ng talino at pagkatuto. Hindi tayo susuko sa anumang hamon at hindi natin papayagan tumigil ang pag-ikot ng mundo sa panahon ng pandemyang ito. Muli, binabati ko kayo sa inyong pagsisimula ng buhay UP. Ating tandaan na ang panahon ng krisis ay isang pambahirang pagkakataon upang kayo, tayo, ay lalong magpunyagi at magpakahusay. Mabuhay kayo mga iskolar ng bayan!

DANILO L. CONCEPCION
President





Mensahe Mula kay VCSA Louise Jashil R. Sonido

To all freshies of UP Diliman studying from home in various corners of the country:

I hope this programme gives you an idea of what being an Iskolar ng Bayan really means, an idea of how much UP will change you: how much it will demand of you, and how much you will learn in giving more of yourself.

Sa simula ng inyong paglalakbay sa Unibersidad ng Pilipinas, maaaring marami sa inyo ay may mga agam-agam o katanungan. Maaari ring ang iba ay nakasisiguro at walang kinatatakutan. Kung alin man ang inyong nararamdaman ngayon, makasisiguro kayo: babaguhin kayo ng UP.

Sa iba't ibang paraan, virtual man o hindi, kung inyong pagbibigyan, ang UP ay magbibigay sa inyo ng lawak ng imahinasyon sa kung anuman ang inyong disiplina, matatag na pagtindig para sa hustisya at katotohanan, at malalim na pag-ugat sa pag-ibig at pagsisilbi sa bayan.

If you let it, UP will transform you and will humble you; and it is in this humility that you will learn honor and excellence rooted in compassion.

At sa inyong paglalakbay sa UP, sisiguruhin naming makararating sa inyo ang mga serbisyon mag-aaral na makatutulong sa inyong pag-unlad

bilang mga bagong iskolar. Tulad ng inyong matutuklasan sa mga susunod na pahina, lingkod ninyo ang aming opisina sa mga hamon at pagsubok na inyong haharapin bilang mga mag-aaral sa UP.

We may have limitations and lapses, but you can trust that we are always doing our best. This remote setup is as new to us as it is to you, but we are game to learn it—for you and together with you.

Moving forward, let this pandemic teach us only that we can reimagine the ways that we gather, organize, and support each other. That we are persistent in our dream of a safe and just future despite hard odds.

Wherever you are now, your journey in UP will not end where it begins. We will not be like this forever. And when we are all finally able come to campus, we will be very happy to welcome you home.

Mabuhay ang mga bagong Iskolar ng Bayan.

Maligayang pagdating sa UP!

LOUISE JASHIL R. SONIDO
Vice Chancellor for Student Affairs



Ang Unibersidad ng Pilipinas

Ang Unibersidad ng Pilipinas (UP) ang itinuturing na national university ng bansa sa pamamagitan ng UP Charter o Republic Act 9500 na pinagtibay ng ika-14 na Kongreso ng Pilipinas noong Abril 29, 2008.

Itinatag ang UP noong Hunyo 18, 1908 sa pamamagitan ng Act No. 1870 ng dating Philippine Assembly. Ito ay base sa rekomendasyon ni W. Morgan Schuster, ang noon ay Secretary of Public Instruction.

Nakasaad sa nasabing batas ang papel ng UP: "give advanced instruction in literature, philosophy, the sciences and the arts, and professional and technical training to every qualified student, irrespective of age, sex, nationality, religious belief, or political affiliation."

Sa kasalukuyan, ang UP ay binubuo ng walong constituent universities – UP Diliman (kabilang ang programang ekstensiyon sa Pampanga at Olongapo), UP Baguio, UP Los Baños, UP Manila (kabilang ang Schools of Health sa Baler, Palo at Koronadal), UP Visayas (binubuo ng mga kampus sa Iloilo/Miag-ao at Tacloban), UP Cebu, UP Mindanao at UP Open University.



Ang UP Diliman

Masalimuot at makulay ang kasaysayan ng UPD: mula sa pagiging isang talahiban bago ang 1939, sa pagkakabuo ng iba't ibang academic units nito sa pagiging "center of dissent and bastion of activism" noong 1970 sa ilalim ng Diliman Commune; sa pangunguna nito sa larangan ng pagtuturo at pananaliksik; at sa patuloy na pagpapamalas ng angking husay at dangal sa mundo.

Pagkatapos ng World War II, lumipat ang UP sa isang malawak na lupain sa Diliman, Quezon City. Kasama ang Oblation, nag-motorcade ang UP community mula Maynila patungong Diliman noong Pebrero 1949 sa tinatawag na "The Exodus." Lunan ng espasyo ng mga pinakaunang gusali na syang papalibot sa ngayo'y mas kilalang Academic Oval: ang tapatang gusali ng Malcolm at Benitez, Melchor at Palma, at ang Bulwagang Quezon.

Noong 1985, pormal na idineklara ang UP Diliman (UPD) bilang isang constituent university. Kasunod ng makasaysayang paglipat ay ang unti-unting paglago ng UP Diliman bilang espasyong pang-akademiko at pangkomunidad. Nagkaroon ng parke, simbahan, palaruan, pamilihing bayan, at

mga pamahayan, na siyang kanlungan ng mga guro at kawani. Naging mas malawak ang sakop ng transportasyon at di kalaunan ay nagsilbing daluyan ng mga commuters mula sa iba't ibang panig ng syudad.

Sabay sa hamon ng panahon ang pagpapakabuluhang sa unibersidad bilang espasyo at kanlungan. Ang tindig at talas nito, na napatunayan noong First Quarter Storm, ay nakaugat sa malalim na ugnayan ng unibersidad at ng mga komunidad na nakatira sa loob at paligid nito. Ang UP Diliman ay patuloy na hinuhubog ng mga sektor ng mamamayan na kaagapay sa pagyabong ng karanasan at pagkamulat ng mga mag-aaral: mga manininda, mga tsuper at barker, mga kawani ng departamento, mga security guard, mga tinurang 'ate' at 'kuya' na manggagawa ng mga bulwagan.

Ang UP Diliman ay hindi ganap kung hindi ito sasalubong at sasabay sa mamamayan.

Mga bagong Iskolar ng Bayan, bahagi ka na ng kasaysayan ng UPD at kasama ka sa pagsulat sa mga susunod na kabanata nito.





LUPANG HINIRANG

MGA KWENTO NG PAGSASALUGAR NG UP DILIMAN



lupanghinirang.upd.edu.ph



OVCAA Offices



Office of the Vice Chancellor for Academic Affairs (OVCAA)

The Office of the Vice Chancellor for Academic Affairs assists the Chancellor in coordinating curricular, instructional, extension, library and other academic programs in UP Diliman.

VoIP: (02) 8981-8500 local 2555

Email: ovcaa.upd@up.edu.ph

[Visit the OVCAA Website](#)



Office of the University Registrar (OUR)

The Office of the University Registrar is the official recorder and keeper of records of the students. It also serves as Secretariat in different administration committees, such as the Executive Committee and in University Council meetings. As a repository of decades of student records, the OUR is both a source and resource of data that can be used for various researches.

VoIP: (02) 8981-8500 local 4551

Email: our@upd.edu.ph / our.diliman@up.edu.ph

[Visit the OUR Website](#)



University Library (UL)

The University Library Diliman encompasses one Main Library and more than 40 College/Unit Libraries. It envisions global information exchange throughout the UP Library System.

VoIP: (02) 8981-8500 local 2852, 2856

Email: library.updiliman@up.edu.ph

[Visit the UL Website](#)

Interactive Learning Center Diliman (ILCD)

The Interactive Learning Center or ILC Diliman operates the online learning management system of the university, as well as promotes the production and use of interactive instructional materials.

University Virtual Learning Environment (UVLê) is a learning management system that allows UP teachers to design online spaces for better learning experience.



VoIP: (02) 8981-8500 local 2058

Email: ilcdiliman@up.edu.ph

[Visit the ILCD Website](#)



General Education Center (GEC)

The GEC Diliman operates on the banner goal of "Convergence." Its mission is to unify the implementation of the GE Program, coordinate resources, and support GE-related research and development.

VoIP: (02) 8981-8500 local 2060

Email: gec_ovcaa.upd@up.edu.ph

[Visit the GEC Website](#)



National Service Training Program (NSTP)

The National Service Training Program (NSTP) is a program aimed at enhancing civic consciousness and defense preparedness in the youth by developing the ethics of service and patriotism while undergoing training in any of its program components:

1. Reserve Officers' Training Corps (ROTC)
2. Literacy Training Service (LTS)
3. Civic Welfare Training Service (CWTS)

VoIP: (02) 8981-8500 local 4525

Email: nstp.upd@up.edu.ph

[Visit the NSTP Website](#)



Office of International Linkages Diliman (OILD)

OIL Diliman's role is to engage the UP Diliman community in internationalization goals through collaborative activities with institutions abroad.

VoIP: (02) 8981-8500 local 2561

Email: international.upd@up.edu.ph

[Visit the OILD Website](#)

Office for the Advancement of Teaching (OAT)

The Office for the Advancement of Teaching is dedicated to serve UP Diliman educators—teachers who make quality education a reality by creating enriching learning experiences, providing insights that provoke creative and critical thought, and mentoring talented scholars striving to become the best in their field.

VoIP: (02) 8981-8500 local 2562

Email: ovcaa.oatdiliman@up.edu.ph

[Visit the OAT Website](#)



Office of Field Activities (OFA)

OFA's mission is to continuously provide expert advising, assistance, and networking opportunities to academic units that will guarantee the quality of learning and exposure of students in the field, while ensuring compliance of these activities with the University's operational policies and guidelines.

VoIP: (02) 8981-8500 local 2059

Email: ofadiliman@up.edu.ph

[Visit the OFA Website](#)



OVCSA Offices



Office of the Vice Chancellor for Student Affairs (OVCSA)

The Office of the Vice Chancellor for Student Affairs assists in promoting the welfare of and maintaining discipline among students of the University of the Philippines Diliman.

VoIP: (02) 8981-8500 local 2587-2588

Direct Line: (02) 8928-2886

Email: ovcsa.upd@up.edu.ph

[Visit the OVCSA Website](#)

Diliman Learning Resource Center (DLRC)

The Diliman Learning Resource Center supplements, complements, and coordinates learning assistance programs to ensure that the goal of promoting academic excellence is realized in a nurturing environment.

VoIP: (02) 8981-8500 local 4622

Email: lrc.upd@up.edu.ph

[Visit the DLRC Facebook page](#)



Office of Counseling and Guidance (OCG)

The Office of Counseling and Guidance is committed to the holistic development of students for them to realize their potential to acquire skills and values that will enable them to become socially responsible and well-rounded leaders of a global society.

VoIP: (02) 8981-8500 local 4501-4502

Email: ocg.updilman@up.edu.ph

[Visit the OCG Facebook page](#)





Office for Student Ethics (OSE/SDC)

The Office for Student Ethics is a disciplinary body formed to help promote ethical student behavior and the values of honor and integrity as necessary complements to the pursuit of academic excellence, social responsibility, and personal development.

VoIP: (02) 8981-8500 local 4509

Email: sdc.upd@up.edu.ph

[Visit the OSE/SDC Facebook page](#)



Office of Scholarship and Grants (OSG)

The Office of Scholarships and Grants implements the policies and guidelines approved by the Board of Regents on scholarships and financial assistance programs. It also manages private and government scholarships as well as handles student loan and assistantships.

VoIP: (02) 8981-8500 local 4504 (loan board)

4505 (STFAP) 4506 (Scholarship)

Email: osgscholarship@up.edu.ph

[Visit the OSG Facebook page](#)



Office of Student Housing (OSH)

The Office of Student Housing manages twelve (12) residence halls on campus. Admission is based on income bracket and region of origin, and priority is given to freshies, those with lowest incomes, and those with residences farthest from Metro Manila.

VoIP: (02) 8981-8500 local 4510

Email: osh.updiliman@up.edu.ph

[Visit the OSH Facebook page](#)



Office of Student Projects and Activities (OSPA)

The Office of Student Projects and Activities serves as the central planning and coordinating body for student activities. This is where you go if you want to join a student organization, run for student council, or join the team of UP's official weekly student newspaper, the Philippine Collegian.

VoIP: (02) 8981-8500 local 8671

Email: ospa.upd@up.edu.ph

[Visit the OSPA Facebook page](#)



University Food Service (UFS)

The University Food Service is committed to serving its constituents, primarily UP students but also the whole UP community with nutritious, safe, delicious and affordable food. It also offers baked products like cakes, pies, cookies, breads, and rolls at the UFS Café.

VoIP: (02) 8981-8500 local 4513

Email: ufs.upd@up.edu.ph

[Visit the UFS Facebook page](#)



Ask UPD Student Helpdesk

The UP Diliman Student Helpdesk is a one-stop student assistance system aimed to answer students' frequently asked questions on student support programs offered by the University; and to refer students to the proper student affairs units and UP offices for their various concerns.

Email: ask.upd@up.edu.ph

[#AskUPD Frequently Asked Questions](#)

[Visit the Ask UPD Facebook page](#)

Other Student Services



UP Diliman PsycServ

The UP Diliman Psychosocial Services was established in October 2017 as a special project under the Office of the Chancellor, to develop programs and services that address urgent and pressing mental health and psychosocial wellbeing needs of the UPD community.

VoIP: (02) 8981-8500 local 2496

[Visit the UPD PsycServ Facebook page](#)

Diliman Gender Office (UPDGO)

The UP Diliman Gender Office is a UP unit under the Office of the Chancellor, mandated to promote gender rights in the University.



VoIP: (02) 8981-8500 local 2467

Direct Line: 89269053

[Visit the UPDGO Facebook page](#)



Office of Anti-Sexual Harassment (OASH)

The UP Diliman OASH is the only authorized unit to conduct administrative proceedings in relation to sexual harassment complaints against any member of the UP community. It has the sole mandate to provide mechanisms for both formal and informal procedures in resolving cases or dealing with incidents of sexual harassment. Likewise, it designs and implements a continuing program of activities and initiatives for the prevention of sexual harassment.

VoIP: (02) 8981-8500 local 2465

Direct Line: 89269053

[Visit the OASH Facebook page](#)



UPD PSYCSERV

UP Diliman Psychosocial Services



0916 757 3157
0906 374 3466



psycserv.upd@up.edu.ph



facebook.com/updpsycserv



@UPDPsycServ

SIGN UP LINK FOR
TELEPSYCHOTHERAPY SERVICES:
bit.ly/PsycServ



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University of the Philippines Diliman Gender Office



Mobile: 09663403602 / 09474280190

Email: updgo@up.edu.ph



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UNIVERSITY OF THE PHILIPPINES DILIMAN OFFICE OF ANTI-SEXUAL HARASSMENT

The UP Diliman OASH is the only authorized unit to conduct administrative proceedings in relation to sexual harassment complaints against any member of the UP community. It has the sole mandate to provide mechanisms for both formal and informal procedures in resolving cases or dealing with incidents of sexual harassment. Likewise, it designs and implements a continuing program of activities and initiatives for the prevention of sexual harassment.

“

Sexual harassment is unwanted, unwelcome, uninvited behavior of a sexual nature or inappropriate sexual advances or offensive remarks about a person's sex, sexual orientation, or gender identity.

It is an act, which may be committed physically, verbally, or visually with or without the use of information communication technology.

It may be committed inside UP premises; or outside UP premises in a work, education, research, extension, or related activity.

-- Section 5. Sexual Harassment Defined

2017 UP Anti-Sexual Harassment Code

[Approved by the UP Board of Regents]

TALK TO US

oash.upd@up.edu.ph (email)

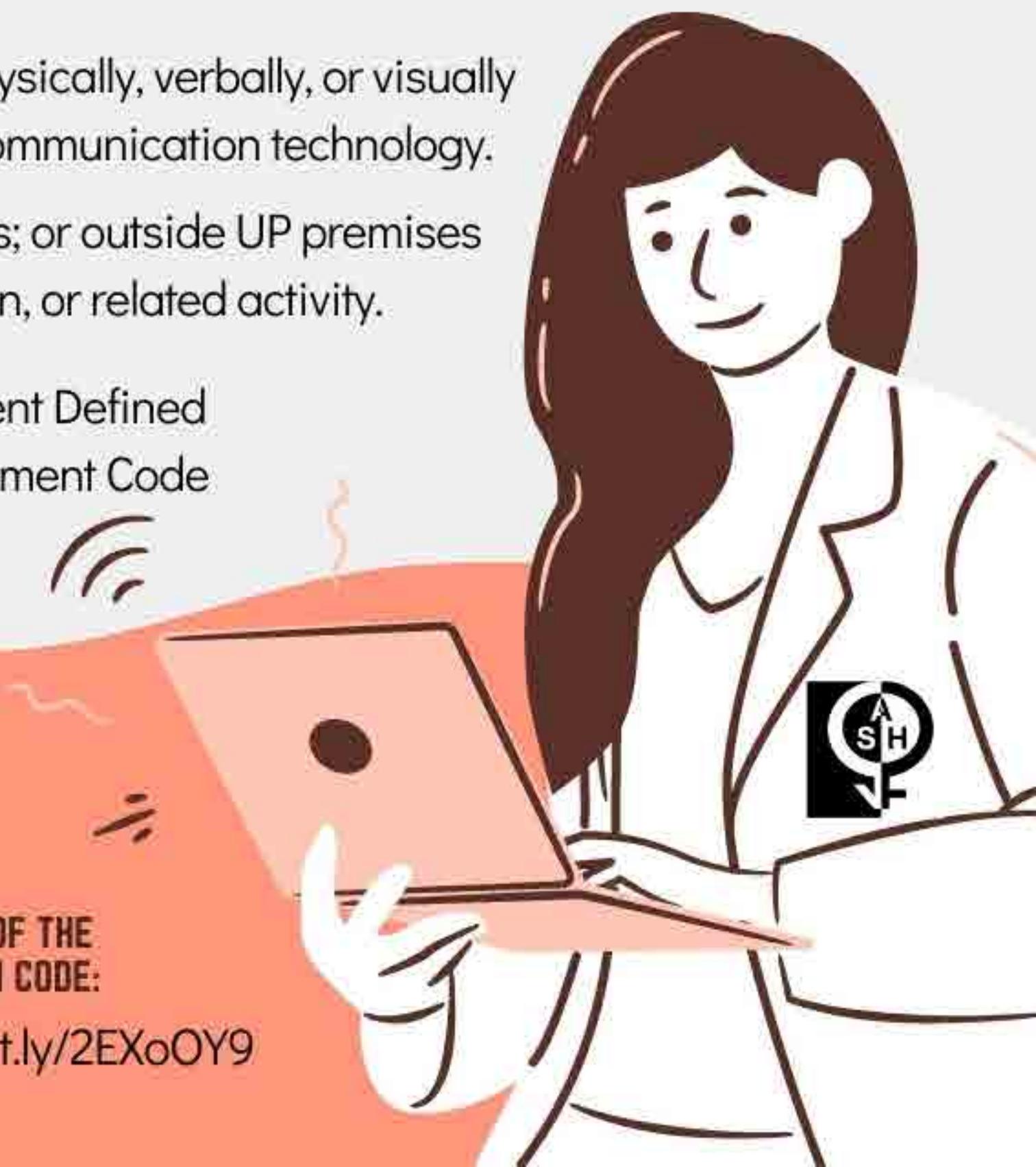
0961 027 7867 (smart)

0966 634 7949 (globe)

<http://oash.upd.edu.ph> (website)

@updilimanoash (facebook)

**DOWNLOAD
FULL COPY OF THE
2017 UP ASH CODE:**
<https://bit.ly/2EXoOY9>





THE ISKO/ISKA GUIDE FOR #REMOTELEARNING

SIDE.

UP Diliman

BREATH
native
LAND

GETS NA BA NATIN ANG REMOTE LEARNING?



- May or may not be online.
- Has different modes of delivery for all types of learners.
- Is guided independent learning.
- Course packs will be given to all students.
- #Hindi4Ever



Courses in the First Semester AY 2020-2021
will be delivered remotely.



PAANO NATIN MASU-SURVIVE ANG REMOTE LEARNING?

As a remote learner, you should have:

DISCIPLINE



make your own study plan
and stick to it

FOCUS

decide on one task at any
given time

DRIVE



be self-motivated and
independent



SURVIVING REMOTE LEARNING: STUDY TIPS



1. Enlist in courses that you can effectively manage. Get minimum load or regular load for the semester.

2. Organize your study schedule and study environment. Develop a routine and stick to it. Divide tasks into small chunks.



3. Read the syllabus
(and all the other guides in your course pack).



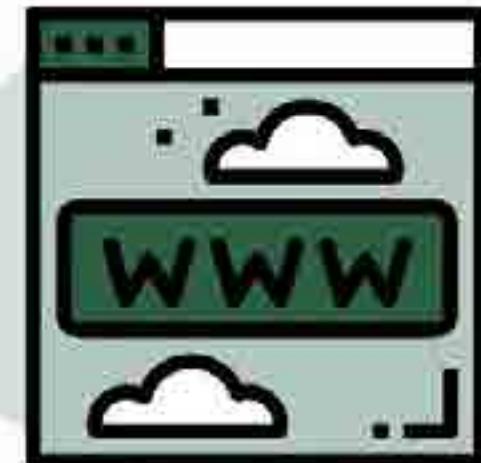
SURVIVING REMOTE LEARNING: STUDY TIPS



4. Spend more time on a task. More time spent on a course generally leads to better learning outcomes.



SURVIVING REMOTE LEARNING: STUDY TIPS



5. Read/watch/listen with intent, prep, and reflect.

6. Use course pack learning resources as a starting point but feel free to look for other resources online or offline.



7. Engage with your teachers and classmates. You will NOT be learning ALONE.



SURVIVING REMOTE LEARNING: STUDY TIPS



8. Stay connected and updated. Regularly check LMS, email, SMS, SNS, and other forms of communication.



9. It's Okay to Not Be Okay. When feeling overwhelmed - Rest. Chill. Take care of yourself.



Do your own work.

Do not cheat.

Do not plagiarize.

Be informed about privacy issues.

Do not engage in any acts of academic dishonesty.

Live by honor and excellence.



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UPD Academic Units



College of Architecture (Arki)

Dean: Prof. Grace C. Ramos, PhD
Email: upca.studentconcerns.upd@up.edu.ph
UP Trunkline: (02) 8981-8500
local 3134 to 3136



Asian Institute of Tourism (AIT)

Dean: Prof. Leticia Susan Lagmay-Solis, PhD
Email: asianinstituteoftourism@gmail.com
UP Trunkline: (02) 8981-8500
local 2795/2796



College of Arts and Letters (CAL)

Dean: Prof. Amihan Bonifacio-Ramolete, PhD
Email: cal.upd@up.edu.ph
UP Trunkline: (02) 8981-8500
local 2101-2102



Cesar E.A. Virata School of Business (VSB)

Dean: Mr. Joel Tan-Torres
Email: cba@up.edu.ph
UP Trunkline: (02) 8981-8500
local 3451/3452



Asian Center (AC)

Dean: Prof. Joefe B. Santarita, PhD
Email: acdean.upd@up.edu.ph
UP Trunkline: (02) 8981-8500
local 3577/3580



School of Economics (SE)

Dean: Prof. Orville Jose C. Solon, PhD
Email: dean@econ.upd.edu.ph
UP Trunkline: (02) 8927-9686
local 202/203

UPD Academic Units



College of Education (CEduc)

Dean: Prof. Jerome T. Buenviaje, PhD
Email: educosec.updiliman@up.edu.ph
UP Trunkline: (02) 8981-8500
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UPD Academic Units



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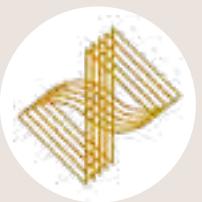
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UPD Academic Units



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UPD Academic Units



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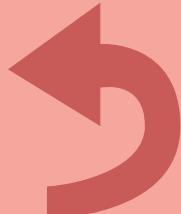
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Tri-College

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Alam Mo Ba?

- ◆ Ang unang UP campus ay itinayo sa mga kalye ng Padre Faura at R. Hidalgo sa Maynila. Ito ngayon ang UP Manila.
- ◆ Ang unang tatlong kolehiyo ng UP ay ang College of Fine Arts, College of Liberal Arts, at College of Medicine and Surgery.
- ◆ Tumingin ka sa palibot mo. You're probably seeing just a teeny-weeny portion of the whole campus. Ang UP Diliman ay may lawak na 493 hektarya.
- ◆ Ang Academic Oval ay may habang 2.2. Kilometro! Kaya kapag napunta ka na sa UP Campus, ikot-ikot lang for more fitness and, who knows, baka makasalubong mo si Piolo Pascual or Angel Locsin!
- ◆ One-way ang trapiko sa Academic Oval. Parang pag-ibig, minsan. </3
- ◆ May dalawang klase ng jeep na umiikot sa campus: and Ikot at ang Toki. Ang Ikot ay may rutang clockwise. Ang Toki naman ay, you guessed it right, counterclockwise. Ang parehong jeep ay may dilaw na bubong.

- ◆ Ang ibon sa UP Seal ay isang American Bald Eagle. Tandaan na ang UP ay na-establish noong panahon ng mga Amerikano. Hindi ito parrot, contrary to popular belief. Hindi uso sa UP ang mag-parrot because UP puts a prime on critical thinking! :)
- ◆ Madalang ang mga klase tuwing Lunes. Kung meron man, madalas ang majors, PE, o NSTP class ang mga ito. Karaniwang schedule ng mga klase ay Tuesday-and-Thursday or Wednesday-and-Friday. Talk about extended weekend para sa mga Isko!
- ◆ "Bayan o sarili?" Ang opisyal na pangalan ng Sunken Garden ay General Antonio Luna Parade Grounds.
- ◆ Tinatawag na twin buildings ang Palma Hall at Melchor Hall, gayun din ang Benitez Hall at Malcom Hall, dahil sa magkahawig na istruktura ng mga ito. Mapapansin din na may pagkakapareho ang Quezon Hall at Gonzalez Hall (Main Library).
- ◆ Ang Palma Hall ay madalas tinatawag na "AS" dahil ito ang tahanan ng dating College of Arts and Sciences (CAS). Noong 1982, nahati ang CAS sa ngayon ay tinatawag na "Tri-College" ng College of Arts and Letters, College of Science, at College of Social Sciences and Philosophy.

- ◆ Gusto mo makaranas ng winter-ish na panahon? Tuwing Abril at Mayo, tinatangay ng hangin ang cotton mula sa seedpod ng puno ng kapok, kaya't parang winter wonderland ang ilang bahagi ng kampus. Pwede maglaro rito, pero humandang mangati!
- ◆ Ang Carillon Tower ay binubuo ng 46 carillon bells na digitally-operated. Tumutunog ito bawat oras. Tumutugtog din ito ng mga ispesyal na piyesa tuwing Pasko at tuwing may pumapanaw na guro sa Unibersidad.
- ◆ May kasunduan ang UP at Department of National Defense na tinatawag na "Sotto-Enrile Accord." Sa ilalim nito, ipinagbabawal ang pagpasok ng military at police forces sa UPD, maliban na lamang kung pahintulutan ng UPD administration. Para sa seguridad sa loob ng UPD, nakaantabay ang UPD Police at Special Services Brigade (SSB), at ang iyong friendly kuya at ate guard sa bawat building. Wear your ID!
- ◆ Pinupuno ng sunflowers ang University Avenue at University Amphitheater tuwing graduation season. Itinatanim ito ng Campus Maintenance Office bilang offering sa mga nagtatapos na Isko. Bakit daw sunflowers? Dahil nandito sa kampus ang brains...

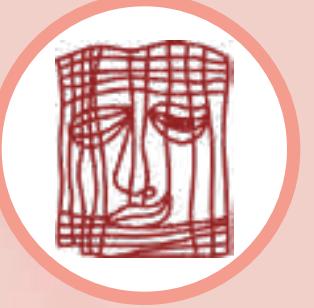


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Performing Groups

These are the groups that performed at the Freshie Orientation Program and University Welcome Assembly 2020 held virtually on September 14, 2020.



UP Repertory Company

In 1972, Director Behn Cervantes, a distinguished Filipino thespian here and abroad, established the University of the Philippines Repertory Company or UP Rep as an answer to the University's need for a socially responsible performing group. Because of the deteriorating social conditions prevalent during the Martial Law period, the company staged productions that mirrored the lives of the Filipino masses, thus, Repleksyon ng Pangangailangan ng Nakararami (RPN).

As a student organization, UP Rep has continually strived to train its members in the art of theater. In pursuing its aim to bring theater closer to the masses, UP Rep has performed in a number of venues outside the University.



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Watch their performance.

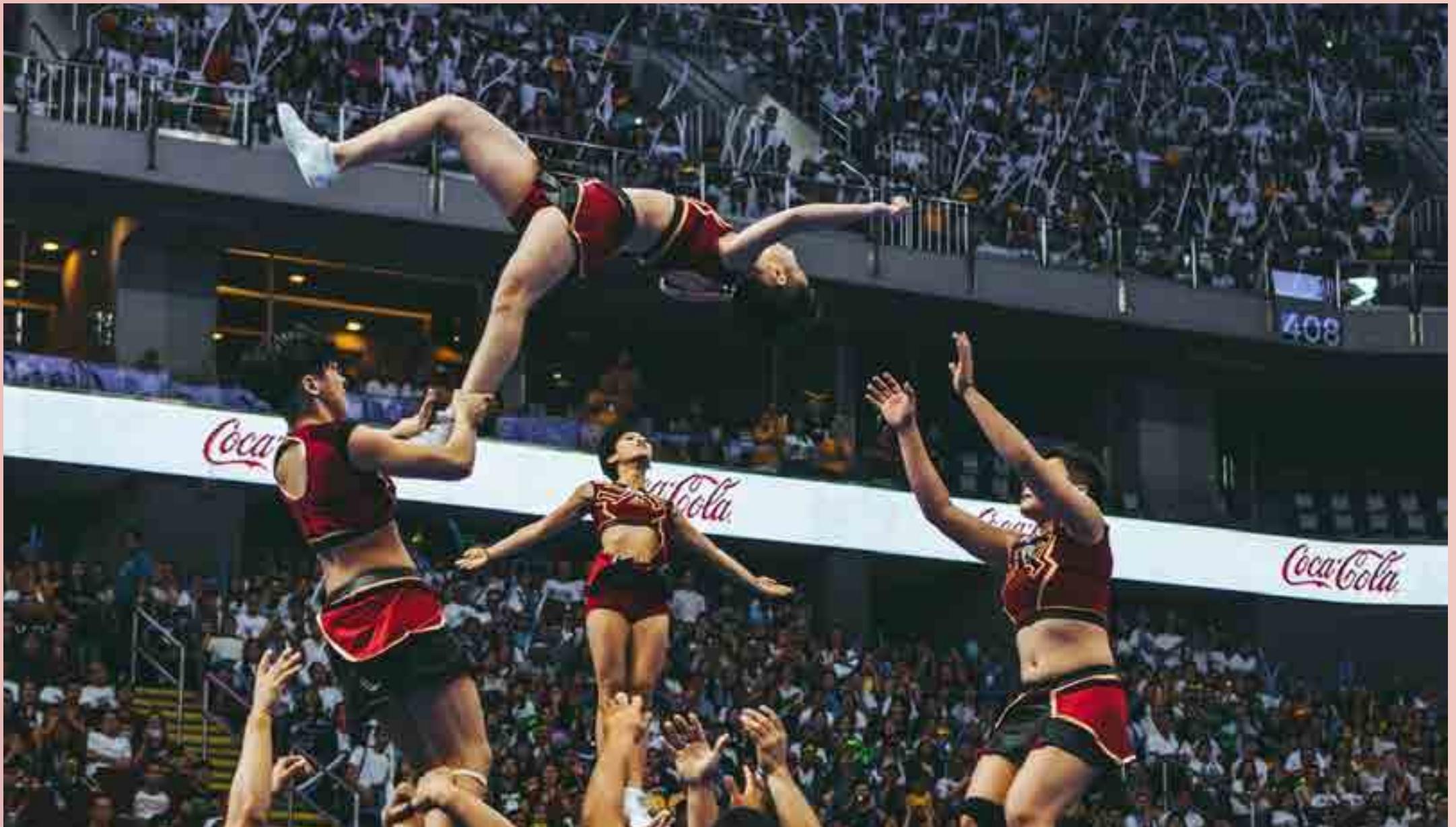
Source: OICA UPD Website

[TheUPRepertoryCompany](#)



UP Pep Squad

The University of the Philippines Varsity Pep Squad, more popularly known as the UP Pep Squad, was formed and became the official cheerleading and cheerdance team of the University of the Philippines in 1994. The squad performs halftimes in the UP Fighting Maroons men's basketball games at the UAAP and represents the university in the UAAP Cheerdance Competition, where they were champions for eight non-consecutive years (1999, 2000, 2001, 2007, 2008, 2010, 2011, and 2012) and consistent runner-up.



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Learn your UP cheers!

Source: OICA UPD Website





UP Symphony Orchestra

The official system-wide orchestra of the University of the Philippines.

According to their Conductor Prof. Chino Toledo, the UPSO's function is three-fold:

"One is to promote Filipino music, especially composition that's written by UP composers. And this is going to be a laboratory orchestra of young conductors, and a repertory orchestra of the musicians. The UPSO maintains a roster of 65 members exclusively from within the UP Community, including alumni, students, faculty and staff from all UP campuses. Aside from providing the training ground for both composers and musicians, the UPSO serves as a representative not only of the University, but also of the country on the worldwide stage.



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Listen to UP Naming Mahal.

Source: up.edu.ph





Mensahe Mula sa University Student Council

Maalab at mapulang pagbati sa mga panibagong Iskolar ng Bayan sa Unibersidad ng Pilipinas! Sama-sama nating salubungin ang isang mapanghamong taon!

Taas noo, mga freshie! Malaking tagumpay ang inyong pagpasya at pagpursigi sa pag-aaral – ang pagkamit ng ating bawat munting pangarap. Ngunit bilang freshie sa panahon ngayon, hindi lamang bagong mga karanasan at pagsubok ang haharapin ninyo sa ating pamantasan, kundi higit pa: isang bago, kakaiba at magulong mundo. Hindi ito ang inaabangan natin. Litong-lito, Hiwa-hiwalay, at kanya-kanya tayo sa mga pangyayari. Totoo na hindi pa tiyak ang lahat sa pagpasa pa lang ng UPCAT. Sa kabilang ating mga panawagan at kooperasyon, hindi pa ito naging sapat upang tiyakin ang isang ligtas, abot-kaya at de kalidad na edukasyon at balik-eskwela...

Masalimuot ang ating mga pagsubok ngayon. Hindi madali. Nakakapagod at nakakadismaya, lalo kung tingin natin ay tayo'y mag-isa lamang. Ngunit huwag na huwag mong paniwalaan kahit minsan ang ipinaparamdam ng sistema na ikaw ay nag-iisa lang sa problema mo. Kung mayroon mang inilantad na katotohanan sa henerasyon natin ang pagputok nitong pandemya, ito ay ang kapakanan ng isa ay kapakanan ng lahat. Sa bawat tinatamaan na health care worker, manggagawa, magsasaka, guro at ibang sektor – tayong mga kabataan, ramdam natin to sagad sa buto...

Huwag sana tayong umasa lamang ng pagbabago. Dahil ang tanging pag-asang makakapitan natin ay sa pagkakaisa at organisadong pagkilos ng ating bagong henerasyon... Ito ang tunay na ibig sabihin ng dangal bago ang husay, ng pagiging Iskolar ng Bayan: ang pagsanib ng ating kakayaan sa pakikibaka ng masang anakpawis.

Ito ang mapagkumbabang kabayanihan na ipagpapatuloy ng bawat isa sa atin!
Ito ang kapangyarihan nating gumawa ng kasaysayan!

Pag-alabin ang Laban (excerpt)
University Student Council
UP Diliman



Watch the video on Facebook.



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UP Naming Mahal

UP naming mahal, pamantasang hirang
Ang tinig namin, sana'y inyong dinggin
Malayong lupain, amin mang marating
'Di rin magbabago ang damdamin
'Di rin magbabago ang damdamin

Luntian at pula, sagisag magpakailanman
Ating pagdiwang, bulwagan ng dangal
Humayo't itanghal, giting at tapang
Mabuhay ang pag-aso ng bayan
Mabuhay ang pag-aso ng bayan



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Music by Nicanor Abelardo, 1917
Original lyrics by Teogenes Velez, "UP Beloved," 1917

UP System Administration

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President

TEODORO J. HERBOSA
Executive Vice President

MA. CYNTHIA ROSE B. BAUTISTA
Vice President for Academic Affairs

LISA GRACE S. BERSALES
Vice President for Planning and Finance

NESTOR G. YUNQUE
Vice President for Administration

ELVIRA A. ZAMORA
Vice President for Development

ELENA E. PERNIA
Vice President for Public Affairs

HECTOR DANNY D. UY
Vice President for Legal Affairs

ROBERTO M.J. LARA
Secretary of the University and the Board of Regents

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Chancellor

MA. THERESA T. PAYONGAYONG
Vice Chancellor for Academic Affairs

ADELINE A. PACIA
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Vice Chancellor for Research and Development

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Office of Anti-Sexual Harassment / Diliman Gender Office:
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University Health Service: 89818500 local 111

UP Diliman Police (UPDP): 89283615
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113 (Helpdesk)

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UP Philippine General Hospital Hotline: 155-200

UP Office of Legal Aid:
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Paglingkuran ang Sambayanan